



Hoosic Valley CSD High School May 2018:Lunch

Attention parents!!
 Running short on time and looking for a healthy treat for your child to bring for their in class birthday or holiday celebrations?
Contact the food services department for details

	1 Hard or Soft Taco Black Beans Corn Choice of Fruit	2 WG French Toast Sticks Sausage Maple Syrup Choice of Fruit Carrot and Celery Sticks	3 Buffalo Chicken Or Chicken Caesar Wrap Steamed Carrots Variety of Fruits	4 Italian Dunkers Marinara Sauce/Meat Balls Steamed Green Beans Choice of Fruit
7 Whole Grain Chicken Nuggets Garlic Butter Noodles Sweet Potatoes Choice of Fruit	8 Taco Salad Refried Beans Corn Variety of Fruit	9 BBQ Chicken Sandwich WW Roll Steamed Broccoli Florets Choice of Fruit	10 Pierogie Sausage WW Roll Steamed Carrots Variety of Fruits	11 Cheese or BBQ Chicken Pizza Steamed Green Beans Choice of Fruit
14 Whole Grain Chicken Patty WW Roll Steamed Green Beans Variety of Fruit	15 Chicken Quesadilla Black Beans Steamed Corn Variety of Fruit	16 Fish Sandwich WW Roll Steamed Carrots Potato Puffs Choice of Fruit	17 Tribe Chicken OR Shepherd's Pie Mashed Potatoes, Gravy, Corn WW Roll Choice of Fruit	18 Deli Sandwich (Choice Egg Salad, Tuna Salad, or Chicken Salad) LTO Whole Grain Roll Three Bean Salad Red Pepper Strips Choice of Fruit
21 Mozzarella Sticks Marinara WW Dinner Roll Steamed Green Peas Choice of Fruit	22 Nachos Refried Beans/Corn Choice of Fruit	23 Build Your Own Burger Lettuce, Tom., Onion, Cheese, Pickles Oven Fries Baked BBQ Beans Choice of Fruit	24 Yogurt Parfait Granola Graham Crackers Fruit Toppings Carrot and Celery Sticks	25 Cheese or Buffalo Chicken Pizza Romaine Tossed Salad Choice of Fruit
28 <i>Holiday School and Offices Closed</i>	29 Hard or Soft Taco Black Beans Corn Choice of Fruit	30 Hot Dog on a Whole Grain Bun Or Corn Dogs Broccoli Florets Choice of fruit	31 Buffalo Chicken Or Chicken Caesar Wrap Steamed Green Beans Oven Fries Selection of Fruits	

Available Daily:
 Freshly made Chef and Tossed Salads, PB&J Sandwich on Whole Wheat Bread, Ham or Turkey On a Whole Wheat available in both schools.

Chicken Wrap in High School Only.

Choice of Ice Cold 1% or Fat Free White Milk and Fat Free Chocolate Milk Served with Every Meal

We offer
 whole and sliced Fresh NYS Apples, Unsweetened Apple Sauce, Fresh Bananas, Fresh Oranges, and fresh Carrot and Celery sticks. In addition we offer peaches, pears, and mixed fruit canned in extra light syrup

Prices:
 High School Lunch: \$2.40

Cafeteria Manager:
Michael Corlew
 mcorlew@hoosicvalley.k12.ny.us
 753-4458 ext. 2516

Menu is subject to change at the managers discretion.