

Hoosic Valley CSD High School and Elementary

November 2017:Lunch Menu

**Check Balances and Make
Payments Online For Added
Convenience!!!!**
myschoolbucks.com

<p>30</p> <p>Whole Grain Chicken Patty On a Whole Wheat Bun Sweet Potatoes Choice of Fruit</p>	<p>31</p> <p>Hot Dog on a Whole Wheat Bun Vegetarian Beans Pickles Choice of Fruit</p>	<p>1</p> <p>Whole Wheat Breaded Fish Sandwich On a Whole Grain Bun Steamed Broccoli Choice of Fruit</p>	<p>2</p> <p>Sheppard's Pie Ground Beef/Mashed Potatoes/ Corn/Gravy WW Dinner Roll Steamed Carrots Variety of Fruit</p>	<p>3</p> <p>Italian Dunkers Marinara Sauce Steamed Green Beans Choice of Fruit</p>
<p>6</p> <p>Whole Grain Popcorn Chicken Whole Wheat Dinner Roll Steamed Carrots Choice of Fruit</p>	<p>7</p> <p>Taco Salad Fluffy Brown Rice Black Beans Corn Variety of Fruit</p>	<p>8</p> <p>Grilled Cheese /Tuna Melt on Whole Wheat Tomato Soup Steamed Spinach Choice of Fruit</p>	<p>9</p> <p>Build a Burger Whole Wheat Bun Let, Tom, On. Cheese Oven Baked Fries Baked Vegetarian Beans Carrot/Celery Sticks</p>	<p>10</p> <p><u>Holiday School and Offices Closed</u></p>
<p>13</p> <p>Whole Grain Chicken Nuggets Fluffy Brown Rice Steamed Green Beans Variety of Fruit</p>	<p>14</p> <p>Hard or Soft Shell Chicken Taco Romaine Lettuce, Tomatoes, Sour Cream Refried Beans/Corn Variety of Fruit</p>	<p>15</p> <p>Potato and Cheese Pierogi Sweet Italian Sausage Steamed Honey-Dill Carrots Variety of Fruit</p>	<p>16</p> <p>Roasted Turkey w/ Gravy Mashed Potatoes Steamed Sweet Peas WW Dinner Roll Choice of Fruit</p>	<p>17</p> <p>Cheese Pizza Or Pepperoni Pizza Romaine Caesar Salad Choice of Fruit</p>
<p>20</p> <p>Mozzarella Sticks Marinara WW Dinner Roll Steamed Green Beans Choice of Fruit</p>	<p>21</p> <p>Taco Meat Nachos Romaine Lettuce, Tomatoes, Sour Cream Black Bean Corn Salsa Variety of Fruits</p>	<p>22</p> <p>French Toast Sticks Sausage Maple Syrup Choice of Fruit Carrot and Celery Sticks</p>	<p>23</p> <p><u>Holiday School and Offices Closed</u></p>	<p>24</p> <p><u>Holiday School and Offices Closed</u></p>
<p>27</p> <p>Whole Grain Chicken Patty on a Whole Wheat Roll Sweet Potatoes WW Dinner Roll Choice of Fruit</p>	<p>28</p> <p>Chicken and Cheese Quesadilla Black Beans/Corn Choice of Fruit</p>	<p>29</p> <p>Turkey Melt Bagel Tater Tots Red pepper Strips Choice of Fruit</p>	<p>30</p> <p>Hot Dog on a Whole Wheat Bun Vegetarian Beans Steamed Carrots Choice of Fruit</p>	

Available Daily:

Freshly made Chef and Tossed Salads, PB&J Sandwich on Whole Wheat Bread, or Turkey On a Whole Wheat Bun available in both schools.

Buffalo Chicken Wrap in High School Only.

Choice of Ice Cold 1% or Fat Free White Milk and Fat Free Chocolate Milk Served with Every Meal

We offer, Pears, Peaches, and Strawberries, Fruit Cocktail, In addition to Apple Sauce and Fresh Bananas, Plums, Oranges, Grapes, Local Apples, Carrots and Celery sticks Daily!!!

Prices:

High School Lunch: \$2.40

Elem. Lunch: \$2.15

Reduced Lunch: \$.25

Cafeteria Manager:

Michael Corlew

mcorlew@hoosicvalley.k12.ny.us

753-4458 ext. 2516

Menu is subject to change at the managers discretion.