

Hoosic Valley Central School District High School and Elementary January 2018:Lunch Menu

Attention parents!!
Running short on time and looking for a healthy treat for your child to bring for their in class birthday or holiday celebrations?
Contact the food services department for details about custom fruit and vegetable platters!!!!

1 <i>No School Holiday Recess</i>	2 Chicken Nuggets Whole Wheat Dinner Roll Steamed Carrots Choice of Fruit	3 Sheppard's Pie Ground Beef/Mashed Potatoes/Corn/Gravy WW Dinner Roll Variety of Fruit	4 Build Your Own Burger Lettuce, Tom., Onion, Cheese, Pickles Oven Fries Choice of Fruit	5 Italian Dunkers w/Meatballs and Marinara Steamed Broccoli Choice of Fruit
8 Hot Dog on Whole Wheat Bun Pickles Vegetarian Baked Beans Variety of Fruits	9 Chicken and Chees Quesadilla Whole Wheat Tortilla Black Beans/Corn Choice of Fruit	10 Chicken Parmesan Penne Pasta/Garlic and Butter Steamed Sweet Peas Variety of Fruits	11 Philly Steak and Cheese Sandwich WW Bun Red Pepper Strips Choice of Fruit	12 Cheese or Pepperoni Pizza Romaine Caesar Salad Choice of Fruit
15 <i>No School Martin Luther King Day</i>	16 Nachos Lettuce, Tom, Onion Salsa, Sour Cream Black Bean /Corn Salsa Choice of Fruit	17 Grilled Cheese or Tuna Melt Tomato Soup Steamed Carrots Choice of Fruit	18 Hot Turkey Sandwich Served Open Faced on WW Bread w/Gravy Oven Baked Fries Steamed Green Beans Choice of Fruit	19 Whole Wheat Breaded Fish Sandwich On a Whole Grain Bun Steamed Broccoli Choice of Fruit
22 *Whole Grain Chicken Patty Whole Wheat Roll Steamed Green Beans Variety of Fruit	23 *Meatball Sub On a WW Roll Steamed Sweet Corn Choice of Fruit	24 *Chicken Alfredo Penne Pasta WW Dinner Roll Steamed Broccoli Choice of Fruit	25 *French Toast Sticks Maple Syrup Sausage Carrot and Celery Sticks Assorted Fruit	26 <i>Superintendent's Conference Day</i>
29 WG Breaded Popcorn Chicken Fluffy Brown Rice Cauliflower Florets Choice of Fruit	30 Buffalo or Caesar Chicken Wrap Lettuce, Tomato Sweet Peas Variety of Fruit	31 Sloppy Joe WW Bun Steamed Green Beans Red Pepper Strips Selection of Fruits		*Please Note: January 22-25is Regents week in the high school. The regular Breakfast menu will be served. A hot Lunch will be offered along with Freshly made sandwiches and salads for students who wish to purchase lunch in the cafeteria

Available Daily:

Freshly made Chef and Tossed Salads, PB&J Sandwich on Whole Wheat Bread, Ham or Turkey On a Whole Wheat Bun available in both schools.

Buffalo Chicken Wrap in High School Only.

Choice of Ice Cold 1% or Fat Free White Milk and Fat Free Chocolate Milk Served with Every Meal

We offer Pears, Peaches, and Fruit Cocktail canned in Light Syrup.

In addition to Apple Sauce and Fresh Bananas, Carrots and Celery sticks Daily!!!

Prices:

High School Lunch: \$2.40

Elem. Lunch: \$2.15

Reduced Lunch: \$.25

Cafeteria Manager:

Michael Corlew

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753-4458 ext. 2516

Menu is subject to change at the managers discretion.