

# Hoosic Valley Central School

## High School and Elementary

### March 2018: Breakfast Menu

**Attention parents!!**  
 Running short on time and looking for a healthy treat for your child to bring for their in class birthday or holiday celebrations?  
 Contact the food services department for details about custom fruit and vegetable platters!!!!

<b>26</b> French Toast Sticks Maple Syrup Variety of Fruit Apple Juice	<b>27</b> Bagel with Cream Cheese Choice of Fruit Choice of Fruit Juice	<b>28</b> Hash Brown Patty \Sausage Links Variety of Fruit Orange Juice	<b>1</b> Pancakes Maple Syrup Fresh fruit Choice of Fruit Juice	<b>2</b> French Toast Sticks Maple Syrup Choice of Fruit Variety of Fruit Juices
<b>5</b> Warm Blueberry Muffin Choice of Fruit Assorted Fruit Juices	<b>6</b> French Toast Maple Syrup Assorted Fresh Fruits Apple Juice	<b>7</b> Pancake Wrap Assorted Fruits Variety of Fruit Juices	<b>8</b> Scrambled Eggs Whole Wheat Toast Variety of Fruit Apple Juice	<b>9</b> Bagel with Cream Cheese Assorted Fruit Variety of Fruit juices
<b>12</b> Warm Corn Muffin Assorted Fruit Choice of Fruit Juices	<b>13</b> Hash Brown Stick Whole Wheat Toast Sausage Variety of Fruit Orange Juice	<b>14</b> Pancakes Maple Syrup Assorted Fruit Variety of Fruit Juices	<b>15</b> Hot Waffles Maple Syrup Assorted Fruit Variety of Fruit Juices	<b>16</b> Bagel with Cream Cheese Assorted Fruit Variety of Fruit juices
<b>19</b> Warm Blueberry Muffin Choice of Fruit Fruit Juice Variety	<b>20</b> French toast Maple Syrup Assorted Fruits Orange Juice	<b>21</b> Breakfast Sandwich Assorted Fruits Variety of Fruit Juices	<b>22</b> Hot Pancakes Maple Syrup Choice of Fruit Apple Juice	<b>23</b> <i>Superintendent's          Day Students Do Not          Attend</i>
<b>26</b> Warm Corn Muffin Whole Wheat Toast Choice of Fruit Apple Juice	<b>27</b> Breakfast Wrap Assorted Fruits Choice of Fruit Juice	<b>28</b> Hot Waffles Maple Syrup Choice of Fruit Assorted Fruit Juice	<b>29</b> Bagel With Cream Cheese Assorted Fruits Choice of Fruit Juice	<b>30</b> <i>Holiday          School and Offices          Closed</i>

Did You Know? Students who eat breakfast at school perform better on tests than BOTH students who skip breakfast AND students that eat breakfast at home!!!

NutriGrain bars, assorted cold cereals, and yogurt- parfaits are offered daily as alternative choices.

Choice of Ice Cold 1% or Fat Free White Milk and Fat Free Chocolate Milk Served with Every Meal

Breakfast Prices  
 Elem. School \$1.25  
 High School \$1.25  
 Reduced Meal Price \$.25

Cafeteria Manager:  
 Michael Corlew  
 mcorlew@hoosicvalley.k12.ny.us  
 753-4458 Ext. 2516

\*Please note:  
 Menu is subject to change at the managers discretion.

